

NUTRITION AND DIETETICS MAJOR

Department: Family and Consumer Sciences (<https://catalog.bradley.edu/undergraduate/education-health-sciences/family-consumer-sciences/>)

Careers in health care, community and public health, wellness, foodservice, communication, and business consulting offer many diverse opportunities for graduates in this major. Students in this major are also prepared to apply for our Combined BS/MS 4+1 program in Nutrition and Dietetics (<https://catalog.bradley.edu/undergraduate/programs/bachelor-science-master-science-nutrition-dietetics-41-program/>) to become Registered Dietitian Nutritionists (RDNs) or apply to another accredited graduate program.

University Requirements

Candidates for all baccalaureate degrees must complete requirements in the Bradley Core Curriculum (BCC), as outlined in the All-University Degree Requirements (<https://catalog.bradley.edu/undergraduate/academic-regulations/degree-requirements/>) section of this catalog. BCC requirements emphasize eight "Areas of Inquiry" that will more deeply engage the student in the process of intellectual growth. Some required courses listed below will satisfy elements of the BCC, other BCC courses and electives should be selected in consultation with an advisor.

Code	Title	Hours
Family and Consumer Sciences Core		
FCS 100	Family Dynamics	3.0
FCS 101	Strategies for Life	1.0
FCS 200	Introduction to Research Methods	3.0
FCS 442	Problems in FCS	2.0
Required Professional Work Experience (160 clock hours required)		
EHS 301	Cooperative Education Or Internship in EHS	0.0-2.0
Additional Required FCS Courses		
FCS 103	Food Resource Management	3.0
FCS 171	Sanitation, Health, and Safety	1.0
FCS 202	Food and Nutrition	3.0
FCS 204	Family Programs Across the Life Span	3.0
FCS 220	Consumer Issues in Health Care	3.0
FCS 271	Food & World Cultures	3.0
FCS 302	Nutrition Across the Lifespan	2.0
FCS 310	Community Program Planning	2.0
FCS 311	Program Evaluation	1.0
FCS 320	Public Health Intervention Strategies	2.0
FCS 321	Sustainable Health	3.0
FCS 341	Human Development Through the Lifespan	3.0
FCS 400	Human Metabolism	3.0
or FCS 500	Human Metabolism	
FCS 405	Food Service Systems	2.0
FCS 408	Management in Food Service	3.0
or FCS 508	Management in Food Service	
FCS 420	Public Health Policy	2.0
Required Supporting Courses		
BIO 111	Introduction to Cell Biology	3.0

BIO 202	Microbiology and Immunology	4.0
BIO 230	Human Anatomy and Physiology I (Lecture)	3.0
BIO 231	Human Anatomy and Physiology Laboratory I	1.0
BIO 232	Human Anatomy and Physiology II (Lecture)	3.0
BIO 233	Human Anatomy and Physiology Laboratory II	1.0
CHM 100	Fundamentals of General Chemistry	3.0
CHM 101	Fundamentals of General Chemistry Lab	1.0
CHM 162	Fundamentals of Organic and Biochemistry	3.0
MTH 111	Elementary Statistics	3.0
PSY 101	Principles of Psychology	3.0
NUR 391	Medical Terminology	1.0
Total Hours		77-79