

# HEALTH SERVICES/ COUNSELING CENTER

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## Student Health Services

Student Health Services (<https://www.bradley.edu/campus/health-wellness/>) is an outpatient clinic that provides service to enrolled Bradley students who experience health problems. Students are assisted through advisement, treatment, consultations with health providers, and referral for extended treatment if necessary. While there is no charge for most on-site treatment, services provided through referral to outside agencies are charged by that care provider and are the student's financial responsibility. The Center's qualified staff of physicians, psychiatrist, counselors, and nurses is located in modern treatment offices in the Markin Center. They provide a point-of-entry for all university students to receive health care both at the Center and in the Peoria community. Professional counselors and supportive staff are trained to work with Bradley students in their growth and total development—social, emotional, intellectual, physical, spiritual, and occupational—as well as the environment in which they live.

Personal growth and development issues of adjustment to college, relationship concerns, alcohol and substance abuse, anxiety and stress management, communication skills, eating disorders, assertiveness, and lifestyle choices are some of the issues addressed by the counselors. Visits are confidential and free for Bradley students. The Center is open during the school year 8:00 a.m.-12:30 p.m. and 1:30-4:30 p.m., Monday-Friday. The Center is open limited hours during breaks and regular summer school sessions. Students are seen primarily on an appointment basis. At times when the Health Center is closed, patients are referred to the afterhours number, 677-3200, which connects to OSF St. Francis Phone Nurses Triage.

In addition to regular medical services, Health Services also offers sexual health clinics during the regular academic year. All students are required to have a student health form on file at Health Services before registering. To avoid penalties and delays in registering, return the completed health form and then verify through Health Services that it has been received and is complete.

**Immunization Requirement:** To comply with Illinois State law, all students registering for classes for the first time in a four-year college must show proof of proper immunization or titer showing immunity to measles, mumps, rubella, tetanus, diphtheria, pertussis, and meningitis.

## Counseling Center

Counseling is located in the lower level of Markin Recreation Center, Room 52. Students may bring their student ID with them to access the lower level. Counseling is staffed by a psychiatrist and professional counselors. Students may receive an assessment and therapy for disorders such as depression, anxiety, eating disorders, addictions, and relationship concerns. Visits are confidential and free for Bradley students who have paid the health fee. Contact Health Services at 677-2700 to make a counseling appointment. A nurse will speak directly with the student to get information about the services needed & the acuity of the problem. The student will be scheduled with a counselor or with the psychiatrist or physician based upon the presenting concerns.